

4A/5A FRIDAY TIME SCHEDULE

Jefferson County Stadium

Friday, May 16, 2008

Please be advised that the running events schedule may change due to additional heats. No event will start earlier than its posted time.

STARTING TIME	EVENT		NUMBER OF HEATS
9:25 am	National Anthem		
9:40 am	4A/5A Girls' 800 Medley	Prelim	3 heats each class
10:00 am	4A Girls' 3200m Relay *	Final	1 heat
10:15 am	4A Boys' 3200m Relay *	Final	1 heat
10:30 am	Girls' 100m Hurdles	Prelim	3 heats each class
10:55 am	Boys' 110m Hurdles	Prelim	3 heats each class
11:20 am	Girls' 100m Dash	Prelim	3 heats each class
11:40 am	Boys' 100m Dash	Prelim	3 heats each class
12:00 pm	Girls' 800m Relay	Prelim	3 heats each class
12:25 pm	Boys' 800m Relay	Prelim	3 heats each class
12:45 pm	4A Girls' 1600m Run	Final	1 heat
1:00 pm	4A Boys' 1600m Run	Final	1 heat
1:15 pm	Girls' 400m Relay	Prelim	3 heats each class
1:40 pm	Boys' 400m Relay	Prelim	3 heats each class
2:05 pm	Girls 400m Dash	Prelim	3 heats each class
2:30 pm	Boys' 400m Dash	Prelim	3 heats each class
3:00 pm	Girls' 300m Im. Hurdles	Prelim	3 heats each class
3:20 pm	Boys' 300m Im. Hurdles	Prelim	3 heats each class
3:35 pm	5A Girls' 800m Run *	Final	1 heat
3:50 pm	5A Boys' 800m Run *	Final	1 heat
4:05 pm	Girls' 200m Dash	Prelim	3 heats each class
4:25 pm	Boys' 200m Dash	Prelim	3 heats each class
4:45 pm	5A Girls' 3200m Run	Final	1 heat
5:10 pm	5A Boys' 3200m Run	Final	1 heat
5:30 pm	Girls' 1600m Relay	Prelim	3 heats each class
6:05 pm	Boys' 1600m Relay	Prelim	3 heats each class

* - If 20 or more athletes or teams qualify after the regional results are submitted the races may be divided into 2 sections. Top seeds will be placed in the 2nd heat. The games/seeding committee will decide the natural break for sections.

4A/5A SATURDAY TIME SCHEDULE

Jefferson County Stadium Saturday, May 17, 2008

**Please be advised that the running events schedule may change due to additional heats.
No event will start earlier than its posted time.**

STARTING TIME	EVENT		NUMBER OF HEATS
9:40 am	NATIONAL ANTHEM		
9:45 am	GEOFFREY ZARAGOZA "SPECIAL 100 METERS"		
10:00 am	4A/5A Girls' 800 Medley	Finals	1 heat each class
10:15 am	5A Girls' 3200m Relay *	Finals	1 heat
10:30 am	5A Boys' 3200m Relay *	Finals	1 heat
10:45 am	Girls' 100m Hurdles	Finals	1 heat each class
11:05 am	Boys' 110m Hurdles	Finals	1 heat each class
11:15 am	Girls' 100m Dash	Finals	1 heat each class
11:25 am	Boys' 100m Dash	Finals	1 heat each class
11:40 am	Girls' 800m Relay	Finals	1 heat each class
11:55 am	Boys' 800m Relay	Finals	1 heat each class
12:15 pm	5A Girls' 1600m Run	Finals	1 heat
12:25 pm	5A Boys' 1600m Run	Finals	1 heat
12:35 pm	Girls' 400m Relay	Finals	1 heat each class
12:55 pm	Boys' 400m Relay	Finals	1 heat each class
1:05 pm	Girls' 400m Dash	Finals	1 heat each class
1:15 pm	Boys' 400m Dash	Finals	1 heat each class
1:35 pm	Girls' 300m Im. Hurdles	Finals	1 heat each class
1:50 pm	Boys' 300m Im. Hurdles	Finals	1 heat each class
2:00 pm	4A Girls' 800m Run *	Finals	1 heat
2:15 pm	4A Boys' 800m Run *	Finals	1 heat
2:25 pm	Girls' 200m Dash	Finals	1 heat each class
2:35 pm	Boys' 200m Dash	Finals	1 heat each class
3:05 pm	4A Girls' 3200m Run	Finals	1 heat
3:20 pm	4A Boys' 3200m Run	Finals	1 heat
3:35 pm	Girls' 1600m Relay	Finals	1 heat each class
3:50 pm	Boys' 1600m Relay	Finals	1 heat each class

* - If 20 or more athletes or teams qualify after the regional results are submitted the races may be divided into 2 sections. Top seeds will be placed in the 2nd heat. The games/seeding committee will decided the natural break for sections.

4A/5A FIELD EVENTS

**Jefferson County Stadium
May 16 & 17, 2008**

FRIDAY

9:30 am – Boys

4A Boys – Long Jump
5A Boys – Discus
4A Boys – Pole Vault (Weigh-Ins at
8:15 am)

9:30 am – Girls

5A Girls – High Jump
4A Girls – Shot Put
5A Girls – Triple Jump

12:30 pm – Boys

4A Boys – Discus
5A Boys – Long Jump

12:30 pm – Girls

5A Girls – Shot Put
4A Girls – Triple Jump
4A Girls – High Jump

1:00 pm – Girls (Weigh-Ins/Pole Certified 11:30 am)

4A Girls – Pole Vault

SATURDAY

9:30 am – Boys

5A Boys – Triple Jump
5A Boys – Shot Put
4A Boys – High Jump
5A Boys – Pole Vault (Weigh-Ins at
8:15 am)

9:30 am – Girls

4A Girls – Long Jump
4A Girls – Discus

12:30 pm – Boys

4A Boys – Triple Jump
4A Boys – Shot Put
5A Boys – High Jump

12:30 pm – Girls

5A Girls – Long Jump
5A Girls – Discus

1:00 pm – Girls (Weigh-Ins/Pole Certified 11:30 am)

5A Girls – Pole Vault